

*This page will offer monthly reflections on soul-stirring encounters evoked by the author's everyday life experiences and invite readers to contemplate their own related experiences.*

### **Dawn's Kiss by Mary McCann, IHM**

Light and darkness kiss  
This morning  
Slowly, surely  
Breathing the color of love  
Into the distant horizon  
Into you and me  
Until day prevails  
(without, within)  
And it is our turn  
To kiss the world  
In love and gratitude,  
Mercy and justice  
Turning night into day.



**Reflection:** I am moved by the long faithful process of dawn—from the first sliver of light to the coming of day. Sometimes it comes with great splendor as this picture suggests. But sometimes it comes in more muted fashion, clouds prevailing or amidst storms. I often sit and breathe in the dawn, letting it “kiss” me, filling me with the life giving energy of itself and the Creator.

What is your experience of the long faithful process of dawn?

If there is anything you'd like to share with us, e-mail [visitation@ihmsisters.org](mailto:visitation@ihmsisters.org).

Take a moment to read an additional reflection from the [IHM Elder Wisdom](#) page.