

## **The fragrance of flowers**

"The fragrance of the flower of conscious love in action spreads 'for the benefit of many' from its own interior root. St. Teresa of Avila said that it is a 'fragrance that lasts, not passing quickly, but having great effect.' St. Teresa, who perfected the idea of the soul's journey according to the life of a garden, adds that 'the fragrance of these flowers and works produced and flowing from the tree of such fervent love lasts much longer.' I believe her to mean that the tree is of God's love, and we are all attached to it in some way and have our roles to produce the gifts from it."



From *The Flowering of the Soul, A Book of Prayers by Women*

Edited and with introductions by Lucinda Vardey. Toronto: Alfred A. Knopf, 1999.

### **Reflection question**

What conscious love in action are you producing "for the benefit of many?"

### **Contact Us**

If there is anything you'd like to share with us, e-mail [visitation@ihmsisters.org](mailto:visitation@ihmsisters.org).