

## Advent - A Time of Waiting

by Mary Van Gilder, IHM

First Week

Why do we wait?

In each of us there is a place or space in need of attention. Advent enables us to consider again what it is about our spiritual life that is calling for awakening, trying to be born anew, asking for life.

What need do I feel for encouragement or for new insights?

What need do I feel for a deeper relationship with the Divine Mystery?

Why do I long for a new awareness that God is where I am?

How do I need a renewed hope in God's goodness?

Most compassionate and loving God, open my heart to finding you in new ways during this time of waiting.

Plant the seed of your presence deep in me and help me to nourish it into new life.

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**Contact Us** - If there is anything you'd like to share with us, e-mail [riverhouse@ihmsisters.org](mailto:riverhouse@ihmsisters.org).

