



Learn More About...

Hunger/Food Security

An Annotated Bibliography

Click [HERE](#) for more resources on the various interrelated issues affecting food security.

Web Links

The Center for Food Safety <<http://www.centerforfoodsafety.org/>>

The Center for Food Safety (CFS) is a non-profit public interest and environmental advocacy membership organization established in 1997 by its sister organization, International Center for Technology Assessment, for the purpose of challenging harmful food production technologies and promoting sustainable alternatives. CFS combines multiple tools and strategies in pursuing its goals, including litigation and legal petitions for rulemaking, legal support for various sustainable agriculture and food safety constituencies, as well as public education, grassroots organizing and media outreach.

The Hunger Project <<http://www.thp.org>>

The Hunger Project is a strategic organization and global movement committed to the sustainable end of world hunger. This organization works to empower local people (especially women) to create lasting society-wide progress in health, education, nutrition and family incomes through application of a two-prong strategy: mobilizing grassroots self-reliant action, and mobilizing local leadership to clear away obstacles to enable grassroots action to succeed.

Institute for Food and Development Policy <<http://www.foodfirst.org/>>

The Institute for Food and Development Policy shapes how people think by analyzing the root causes of global hunger, poverty and ecological degradation, and developing solutions in partnership with movements working for social change. Its mission is to eliminate the injustices that cause hunger.

National Sustainable Agriculture Information Service <<http://www.attra.org/>>

The National Sustainable Agriculture Information Service features the latest in sustainable agriculture and organic farming news, events and funding opportunities plus in-depth publications on production practices, alternative crop and livestock enterprises, innovative marketing, organic certification and highlights of local, regional, USDA and other federal sustainable agriculture activities.

Oxfam America <www.oxfamamerica.org>

Oxfam America is committed to creating lasting solutions to global poverty, hunger and social injustice. Working with local partners, Oxfam delivers development programs and emergency relief services, and campaigns for change in global practices and policies that keep people in poverty.

Union of Concerned Scientists <http://www.ucsusa.org/food_and_environment/>

The Union of Concerned Scientists works to create a food system that encourages innovative and environmentally sustainable ways to produce high-quality, safe and affordable food, while ensuring that citizens have a voice in how their food is grown. In so doing, the program focuses on reducing unnecessary uses of antibiotics and strengthening civil society's control of biotechnology.

Books

Jan Chozen Bays, *Mindful Eating: A Guide to Rediscovering a Healthy and Joyful Relationship with Food* (Boston: Shambhala Publications, 2009)

Dr. Bays, a physician and Zen teacher, offers a clear presentation of what mindfulness is and how it can help us create a healthier relationship with food.

Joseph Collins, Frances Moore Lappe and Peter Rosset, *Hunger: Twelve Myths, Second Edition* (New York: Grove Press, 1998).

In this completely revised and updated edition of one of the most authoritative books on world hunger, three foremost experts on food and agriculture expose and explode the myths that prevent us from effectively addressing the problem. Drawing on and distilling the extensive research of the Institute for Food and Development Policy (Food First), Lappe, Collins and Rosset examine head-on the policies and politics that have kept hungry people from feeding themselves around the world, in both developing and developed countries, as well as the misconceptions that have obscured our own national, social, and humanitarian interests.

Dan Imhoff, *Food Fight: The Citizen's Guide to the Next Food and Farm Bill* (Healdsburg, CA: Watershed Media, 2012)

Food Fight translates the complex policies of the Farm Bill for the everyday citizen. This topic is broken down into 20 easy to digest chapters, each accompanied by illustrations, tables, and photographs. The book is a primer for anyone who cares about the future of our food and farming policies. The latest edition has been updated, and tailored to the upcoming 2012 Farm Bill food fight! For more information and actions you can take around the 2012 Farm Bill go to <http://www.foodfight2012.org/>.

Andrew Kimbrell (Ed.), *Fatal Harvest: The Tragedy of Industrial Agriculture*, (Sausalito, CA: The Deep Ecology Foundation, 2002).

We are faced with “two very different visions of the future of food in the 21st century. A grassroots public movement for organic, ecological, and humane food is now challenging the decades-long hegemony of the corporate, industrial model.” With 58 essays and more than 250 photographs, Kimbrell, director of the Center for Food Safety, aims to provide “a timely treasure trove” of information for that movement, including a litany of environmental harms caused by industrial agriculture and a strategy for bringing about “the end of agribusiness.” (*Editors of Scientific American*)

Andrew Kimbrell (Ed.) *The Fatal Harvest Reader: The Tragedy of Industrial Agriculture* (Sausalito, CA: The Deep Ecology Foundation, 2002.)

The Fatal Harvest Reader brings together in an affordable paperback edition the essays included in Fatal Harvest.

Barbara Kingsolver, *Animal Begetable, Miracle: A Year of Food Life*, (New York: Harper Collins, 2007).

This book chronicles the year that novelist Barbara Kingsolver, along with her husband and two daughters, made a commitment to become locavores—those who eat only locally grown foods. While the volume begins as an environmental treatise—the oil consumption related to transporting foodstuffs around the world is enormous—it ends, as the year ends, in a celebration of the food that physically nourishes even as the recipes and the memories of cooks and gardeners past nourish our hearts and souls.

Anna Lappe and Frances Moore Lappe, *Hope's Edge: The New Diet for a Small Planet*, (New York: Penguin Putnam, 2002).

Thirty years after Frances Lappe's [*Diet for a Small Planet*](#) changed eating habits around the world, she and her daughter Anna bring us a new round of iconoclastic recommendations that break overwhelming issues down to a simple matter of personal choice. *Hope's Edge* presents many of the same issues of the original title, but it also provides a wealth of new discoveries and possibilities in this era of genetically engineered foods, worldwide famine and growing rates of obesity-related health issues.

Marion Nestle, *Safe Food: The Politics of Food Safety*, (University of California Press, 2010)

Marion Nestle argues that ensuring safe food involves more than washing hands or cooking food to higher temperatures. It involves politics. When it comes to food safety, billions of dollars are at stake, and industry, government, and consumers collide over issues of values, economics, and political power—and not always in the public interest.

Eric Schlosser, *Fast Food Nation: The Dark Side of the All-American Meal*, (New York: Houghton Mifflin, 2001)
Schlosser's incisive history of the development of American fast food indicts the industry for some shocking crimes against humanity, including systematically destroying the American diet and landscape, and undermining our values and our economy. The first part of the book details the postwar ascendance of fast food from Southern California, assessing the impact on people in the West in general. The second half looks at the product itself: where it is manufactured, what goes into it and who is responsible.

Vandana Shiva, *Stolen Harvest: The Hijacking of the Global Food Supply* (Cambridge, MA: South End Press, 2000).
Vandana Shiva effectively contrasts corporate command-and-control methods of food production with the small farmer economy that predominates in the Third World (especially in her native India). In contrast to what many here in the U.S. might perceive as the conventional wisdom, Shiva makes a strong argument that, for a number of reasons, local, small scale agriculture is superior to the agribusiness model.

Vandana Shiva, *Protect or Plunder: Understanding Intellectual Property Rights* (New York: Zed Books, 2002).
Vandana Shiva, who has devoted her life to working for the rights of ordinary people in India, looks at the history and role of patents, the threats to biodiversity of seed-patenting and examples of reform.

Articles/Papers/Study Guides

Grassroots International and the National Family Farm Coalition, "Food for Thought and Action: A Food Sovereignty Curriculum" *Grassroots International*, May 2009 <<http://www.grassrootsonline.org/publications/educational-resources/download-food-thought-action-a-food-sovereignty-curriculum>>

"Food for Thought and Action: A Food Sovereignty Curriculum" is a remarkably useful popular education tool. It offers a practical way to strengthen a growing food sovereignty movement. Building from the experiences of literally millions of grassroots activists world-wide, "Food for Thought and Action" challenges us to fix our broken food system. The curriculum is divided into four modules: one each for consumers, faith and anti-hunger groups, environmentalists and farmers.

Doug Gurian-Sherman, "CAFOs Uncovered: The Untold Costs of Confined Animal Feeding Operations," *Union of Concerned Scientists*, April 2008,

<http://www.ucsusa.org/food_and_environment/sustainable_food/cafos-uncovered.html>

CAFOs (confined animal feeding operations) have become the predominant method of raising livestock. In this report, the Union of Concerned Scientists analyzes both the policies that have facilitated the growth of CAFOs and the enormous costs imposed on society by CAFOs. The report also discusses alternatives for producing affordable animal products, and offers policy recommendations that can begin to lead us toward a healthy and sustainable food system.

Doug Gurian-Sherman, "Failure to Yield: Evaluating the Performance of Genetically Engineered Crops," *Union of Concerned Scientists*, April 2009

<http://www.ucsusa.org/assets/documents/food_and_agriculture/failure-to-yield.pdf>

For years the biotechnology industry has trumpeted that it will feed the world, promising that its genetically engineered crops will produce higher yields. That promise has proven to be empty, according to this report. Despite 20 years of research and 13 years of commercialization, genetic engineering has failed to significantly increase U.S. crop yields.

Jennifer Halteman Schrock, "Just Eating? Practicing Our Faith at the Table," *Presbyterian Church USA*, 2006,

<<http://www.pcusa.org/resource/just-eating-leaders-guide/>>

"Just Eating? Practicing Our Faith at the Table" is designed for high school students and adults. The curriculum aims to bring into dialogue daily eating habits, the Christian faith and the "needs of the broader world." Scripture, prayer and stories from the local and global community are used to explore four key aspects of our relationship with food: the health of our bodies; the health of the earth that provides our food; the ways we use food to extend hospitality and enrich relationships and the challenge of hunger. The colorful study guide is peppered with action steps and healthy eating tips.

Joan Nathan, "Of Church and Steak: Farming for the Soul" *New York Times*, 22 August 2007,

<<http://www.nytimes.com/2007/08/22/dining/22eco.html?8dpc>>

In the past few years protecting the environment has emerged as a religious issue. Now, something similar is taking place in the way people of faith view their daily bread.

Periodicals/Newsletters

FEED (Food and Environment Electronic Digest) <http://www.ucsusa.org/food_and_environment/feed/>

People Putting Food First, Newsletter of Institute for Food and Development Policy,

<<http://www.foodfirst.org/en/newsletterarchive>>

Audio/Visual/Interactive Resources

Food Inc. Prod. Participant Media <<http://www.foodincmovie.com/>>

In *Food, Inc.*, filmmaker Robert Kenner lifts the veil on our nation's food industry, exposing the highly mechanized underbelly that has been hidden from the American consumer with the consent of our government's regulatory agencies, USDA and FDA. Our nation's food supply is now controlled by a handful of corporations that often put profit ahead of consumer health, the livelihood of the American farmer, the safety of workers and our own environment. *Food, Inc.* reveals surprising—and often shocking truths—about what we eat, how it's produced, who we have become as a nation and where we are going from here.

The Meatrix. Prod. Free Range Graphics, 2003 <<http://www.themeatrix.com/>>

The Meatrix is a humorous flash-animation spin off of *The Matrix*. *The Meatrix* features Moopheus, a shadowy cow character in sunglasses and trench coat, and Leo, a happy pig living on a small family farm. Leo's dreamlike world of open pastures, fresh air and good food crumbles when Moopheus reveals that his idyllic, pastoral world is not real, but a fabrication we like to believe is real. Moopheus goes on to uncover the "real world," *The Meatrix*, a panorama of greedy agribusiness corporations replacing small family farms; of unhealthy conditions, in which animals are raised in cramped barns with no light or fresh air; of antibiotics used routinely to promote unnatural growth; and of thousands of tons of waste that endanger land, water, and air.

The Meatrix II: Revolting. Prod. Free Range Graphic, 2006 <<http://www.themeatrix2.com>>

The Meatrix II takes the original *Meatrix* spoof on the *Matrix* films and introduces a new twist – a dairy farming shakedown. Farm heroes, Moopheus Leo and Chickity take on the ugly truth about how factory dairy farm animals are raised, what they eat and their horrendous living conditions.

Molly Schwartz and Donna Schaper, "Watch Your Foodometer," *The Nation*, 25 June 2007,

<<http://www.youtube.com/watch?v=p4RCyxgz97g>>

Video artist Molly Schwartz traces how far food travels from field to fork. Donna Schaper offers a meditation on fast food and slow.

Store Wars. Exclusive web short film Prod. Free Range Studios.

<<http://www.storewars.org/noflash/index.html>>

This short stop-animation film parodies the classic movie *Star Wars* to useful information about buying locally grown organic food, in an entertaining and light-hearted format.

What Will We Eat? The Search for Healthy Local Food. Chris Bedford Films, 2005

What Will We Eat? The Search for Healthy Local Food tells the story of the growing failure of the industrial food system and how a grassroots coalition of small farmers and consumers is inventing a healthy, humane, homegrown alternative. Filmed in Michigan, Iowa, Missouri, Pennsylvania, and Maryland, "What Will We Eat?" features John Ikerd, Fred Kirschenmann, Michael Hamm and John Biernbaum of Michigan State University plus the voices of local West Michigan farmers and consumers working to build a new, revolutionary food system.